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Yulia Arshynova Journeys to War-torn Ukraine to Bring Authentic Ukrainian Costumes for Local Youth Nonprofit Performing Company

Promoting Peace Through Dance: Ukrainian Culture Comes Alive on Stage for Placer County Youth

Loomis, California – In a moving journey that bridges continents and cultures, Ukrainian-born Yulia Arshynova recently returned to her homeland to collect authentic Ukrainian costumes for young dancers performing with the International Dance Arts Collective (IDAC), a Placer County-based nonprofit with a mission to promote peace through dance. Despite the challenging conditions of her travel to war-torn Ukraine including being stopped at the Ukrainian and Polish borders on her return, Arshynova was driven by a commitment to preserving and celebrating Ukrainian heritage for future generations. “I want people to see that Ukrainians are full of life, that we are a happy people despite the fact that we live in a war zone. You can feel our energy through our folk music and see the beauty of our hearts radiate in our colorful national costumes,” Arshynova explains.

This endeavor also represents IDAC’s dedication to fostering intercultural understanding and honoring cultural heritage through cultural dance. By integrating authentic cultural costumes into their performances, the young dancers are able to more fully embody the spirit and history of Ukraine, and the other cultures they represent through dance, adding a deeply authentic element to their artistic expression.

“Our message is one of peace and understanding through the universal language of dance,” said IDAC’s Director. “These authentic costumes not only beautify our performances but also serve as a reminder of the strength and beauty of Ukrainian culture. We’re honored to share this with our local community and to bring these stories to life on stage.”

The costumes will be featured in IDAC’s Festivals of Light performances this Friday and Saturday at Del Oro High School where youth from diverse backgrounds join together to perform cultural dances from around the world. With each step, they share a message of unity, resilience, and hope for a peaceful future.

About International Dance Arts Collective (IDAC):

Founded on the principles of peace and cultural appreciation, IDAC is a nonprofit organization based in Placer County, California. Through dance, IDAC’s programs promote cross-cultural understanding and celebrate diversity, offering performances that showcase global traditions and foster community connections.



